

Program C

10/12/2022

Men	Women
4.00 Sprint Hurdles	Sprint Hurdles
4.15 Circular Hurdles	Circular Hurdles
4.15 Javelin	Javelin
4.30 200m	
4.35	200m
4.45 1500m	
4.50	1500m
4.50 Long Jump	Long Jump
5.00 60m	
5.05	60m
5.10 400m	
5.15	400m
5.20 5000m	5000m